

More fun in snowsports – with safety!

A safety related prevention program for snowsports in schools initiated by the Austrian Workers' Compensation Board (AUVA).



31st of March 2023





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Snowsports in Austrian schools

LONG TRADITION

Ski courses have a long tradition in the Austrian school system.

STARTING POINT: 1928

Historically viewed an edict by the Federal Ministry of Education in 1928 can be seen as the starting point of this tradition. This edict mandated, that all Austrian secondary schools and teacher training institutions were advised to introduce ski courses.

SKI COURSES ARE „DOOR-OPENERS“ TO SNOWSPORT

Studies have shown that every 5th skier in Austria found his way to snowsport through the ski course in school.

Furthermore empirical data indicate that ski courses have a kind of „door-opener“ function for lifelong skiing, snowboarding and snowsport in general.



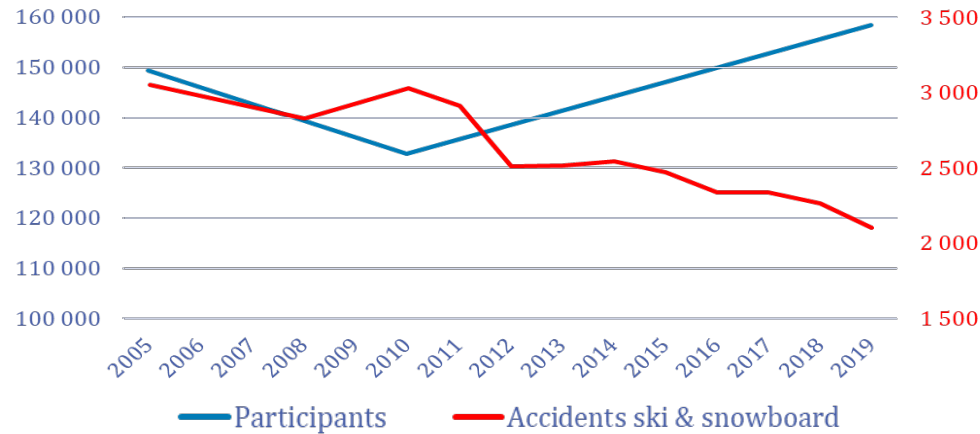


Participants vs. accident occurrence in snowsports

Since 2010 the number of participants in ski courses has risen.

Meanwhile the number of accidents in skiing and snowboarding went down 31% within 15 years.

→ The reduction of accidents is correlating with our prevention program that started in 2005.



Sources: Federal Ministry of Education, Science and Research; AUVA



More fun in snowsports – with safety! → www.skisicherheit.info

INITIATED BY AUVA

- The program was initiated by the Austrian Workers' Compensation Board (AUVA).
- Pupils and students are covered by the Austrian Social Insurance for Occupational Risks.
- This insurance includes all education-related accidents – even snowsport activities and ski courses.
- It is free of charge for pupils and students.

THE AIM OF AUVA



- The prevention of accidents of pupils and students represents a major responsibility, since the foundation for future safety awareness is laid in childhood and youth.
- For this reason, pupils and students as well as their trainers/teachers are given the best possible support in safety education → in THEORY & PRACTICE!



The teaching materials ...

... for elementary schools



... for secondary schools



375.000 pieces spreaded
in the past 8 winters



The action programs ...



**Workshops for
elementary schools**



**Safety trainings for
secondary schools**



Teacher trainings

More than 150.000 participants since 2005.
Continuously evaluated and refined to the needs of the schools.



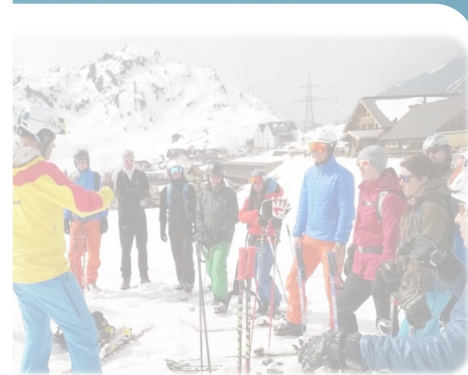
The action programs ...



Workshops for elementary schools



Safety trainings for secondary schools



Teacher trainings



Safety trainings for secondary schools

- The core of the action programs – launched in winter 2009/2010
- 850 student trainings at ski courses and approximately 48.000 participants until now

Lecture in the evening



Practical training next day



THEORY
PRACTICE



Lecture in the evening

- PPT-based multimedia presentation
- Duration appr. 75-90 min.
- 11 topics, adjustable to the students' needs
- **Main focus: safety when skiing on slopes**

Guiding principle: Explaining risks and dangers for a better understanding and increased safety awareness instead of imposing rules with finger wagging!

Statistics / Causes of accidents

Equipment

Weather in the mountains

FIS-Rules

Ski lifts, chair lifts & cableways

Skiing in a group

Funslopes and snowparks

Snow groomers

Assistance at accidents / First aid

Consequences of causing a collision

Alpine dangers off the slopes



Lecture in the evening – Highlight

Activating an
avalanche airbag
by a student





Practical training next day

- On the slopes in the ski resort
- 2 different workshops about 30 min to deepen inputs of the lecture

Assistance at accidents / First aid



Try out of an avalanche beacon search





Feedbacks

“Safety training is a MUST HAVE for every ski course!”

Secondary school Königswiesen

**“Safety training is a valuable and useful tool for a ski course.
We can warmly recommend it!”**

High school Gänserndorf

**“... the practical part provides hands-on tips and tricks for acting
in emergency situations. Really great! “**

High school Vienna

**“... It is particularly good, that the students get explained the safety
aspects by an expert from outside school.”**

Secondary school Krieglach





Partners of the program

 Federal Ministry
Republic of Austria
Education, Science
and Research





INFORMATION & CONTACT



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